



# White Bear Lake Area Schools

2020-2021 Registration Guide
Early Childhood Family
Education (ECFE)
Infants, Toddlers, Preschoolers & Parents



Registration begins May 7 www.whitebear.ce.eleyo.com 651-653-3100



Early Childhood
Where BEARS Begin

# **Program Information**

# **WELCOME**

# Early Childhood Family Education (ECFE)

ECFE offers classes for parents and their children ages birth to 5 years old (before kindergarten).

- Programs are designed for parents and their infants, toddlers, and preschool age children.
- Classes help strengthen family relationships and provide information and resources to parents.
- Programs strive to build a strong foundation for families by forming a partnership between home and school.

### **BIENVENIDO**

# Educación Infantil Familiar (ECFE)

ECFE ofrece clases a padres/madres/guardianes y a sus hijos de o a 5 años (antes del kindergarten)

- Los programas están diseñados para los padres y sus hijos/as en edad preescolar
- Las clases ayudan a fortalecer las relaciones familiares y a proveer información y recursos a los padres para ayudar a sus hijos a crecer y a desarrollar su potencial al máximo.
- ◆ Los programas ayudan a establecer una asociación fundamental entre la escuela y la familia.

# **ZOO SIAB TXAIS TOS**

#### Kev kawm ntawv (ECFE)

ECFE muaj qhia ntawv rau cov niam txiv thiab cov menyuam mos yug los txog rau 5 xyoos (ua ntej kawm ntawm qib kindergarten).

- Cov kev pab cuam yog tsim rau cov niam txiv thiab lawv cov menyuam mos, menyuam yau, thiab cov menyuam kawm preschool.
- Kev kawm ntawv yog pab kom muaj kev sib raug zoo rau tsev neeg thiab muaj lus qhia thiab kev pab rau cov niam txiv ntawm txoj kev pab txhawb lawv cov menyuam loj hlob.
- Muaj kev rau tsev neeg koom tes ntawm hauv tsev thiab lub tsev kawm ntawv.

#### **Contact Us**

#### Programs, Registration, Events & Class Openings

Main Office: 651-653-3100

#### **Early Childhood Programs**

Darcy Rodriguez, Early Childhood Supervisor 651-653-3102

darcy.rodriguez@isd624.org

Angie Lundblad, Early Childhood Program Specialist 651-653-3118

angela.lundblad@isd624.org

#### Early Childhood Special Education

Angela Drange, EC Special Education Supervisor 651-653-3101

angela.drange@isd624.org

### **Early Childhood Sites**

Each of the White Bear Lake Area Schools' Early Childhood program sites have unique areas that foster large muscle development and active play. Locations and codes for those school are listed below.

#### Hugo Elementary - HU

14895 Francesca Avenue, Hugo

Hugo's indoor and outdoor spaces accommodate preschoolers and early elementary grades.

#### Normandy Park - NP

2482 E County Road F East, White Bear Lake

Normandy Park has an indoor gym and outdoor playground designed especially for young children.

#### Tamarack Nature Center - TAM

5287 Otter Lake Road, White Bear Township

Tamarack Nature Center has a Nature Play Area and Discovery Garden with daily nature exploration activities.

#### **Home Visits**

#### **ECFE Makes House Calls**

Home visits are offered to families with children birth to age five (not yet in kindergarten). A licensed Family Educator will share information about community resources and talk about how children grow and develop, and how your child learns.

Call Tami at 651-653-3159 to schedule your free home visit.

# Program Information

# Early Childhood Screening

#### Screen at Three

Early Childhood Screening is **required** by the State of Minnesota for all children prior to entering kindergarten. White Bear Lake Area School District provides this screening at no charge.

#### 3 reasons to screen at age 3

- Screening can ensure school success
- If health or developmental concerns are identified, educational services are available immediately
- It is fun for children and provides caregivers with valuable information regarding child development

Register online at

www.whitebear.ce.eleyo.com

or call 651-653-3100 to make an appointment.

Screenings are held at: Normandy Park Education Center 2482 East County Road F, WBL

### Early Childhood Special Education

Special education services are provided free of charge to children birth to age five. Children younger than three are generally seen at home by teachers and specialists. Call 651-653-3100 for more information.

### **Bear FUNdamentals**

#### Year-round 4 year old program

Bear FUNdamentals is a year-before-kindergarten program focused on providing fun, nurturing and enriching opportunities for learning and play that prepare children for kindergarten. Located at Birch, Hugo, Lakeaires, and Otter Schools, the program runs from 9 am-3:45 pm with the option of registering for Extended Day hours before or after school.

Bear FUNdamentals focuses on children's emotional, social, physical and intellectual growth. Children work on listening skills, language and literacy, thinking and math skills, and social development through meaningful, interactive play. The program is staffed at a 1:10 ratio and taught by passionate instructors who encourage curiosity, discovery, and problem-solving in a stimulating, structured, and engaging environment.

Families can register for school day or full day (6:30am-6:00pm) hours, three to five days per week. Students registered for a White Bear preschool course will receive a discounted price.

**Hours:** Mon-Fri 9 am - 3:45 pm *extended hours available* 

**Sites:** Birch, Hugo, Lakeaires, and Otter Lake Schools

#### Registration is required at:

www.whitebear.ce.eleyo.com

For information visit www.isd624.org/communityservices or call 651-407-7510.

# Help Me Grow Early Childhood Information & Referral

Connecting families to early intervention services. Some children need extra help to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.

If you have a concern about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, helpmegrowmn.org, offers valuable information to help parents and caregivers understand a child's development. Resources include developmental milestones, strategies to encourage development and information about referrals.

To refer a child, visit helpmegrowmn.org or call 651-604-3700. Interpretation services are available for referrals by phone.

### **Family Literacy**

This multi-age class meets two days per week and is for families wanting to practice English. Parents and children attend together to improve their English language skills through conversation, learning activities, music, and more. An English/ESL teacher and an ECFE teacher teach the class together.

Birth to 5 (before kindergarten) Tue/Thu 12:30-3 pm NP \$25 per month: Sept 22 - May 21

LUS CEEB TOOM! Yog koj xav tau daim ntawv no txhais ua lus Hmoob, thov hu rau 651-653-3157. ATENCIÓN: Si used necesita hablar con una persona que hable español, por favor, llame al 651-653-3116.

# **ECFE Classes**

# ECFE Classes include Three Components:

#### **Parent-Child Interaction**

You and your child spend time together enjoying activities designed to enhance learning. You will leave with new ideas for things to do together at home.

#### **Parent Education**

Meet with other parents and a licensed ECFE teacher to discuss topics such as development, temperament, discipline, and getting ready for school. The parenting group time takes place in a separate room or in a designated area of the children's classroom for non-separating classes.

#### Children's Classroom

While you and other parents participate in parent education, children learn through play in a classroom with early childhood staff. Children will enjoy music, art, stories, large and small motor activities as they interact with other children.

#### Sibling Care CANCELED

#### Ages 6 weeks-5 years

Sibling care is available for select classes. It is an optional service and is intended to provide safe, quality care for children while parents attend a class with another child. Children must be registered prior to class.

Cost: Fee D or E (see back cover)

Drop In Fee: \$10 an hour - with a 24 hour notice/reservation and if space is available. Call 651-653-3100.

#### **Infants**

This class includes activities, songs, rhymes, movement, and parent discussion with a trained facilitator. You and your child will spend time together exploring toys and participating in classroom activities in a stimulating environment.

#### Ages Birth - 12 months

Mondays 9-10:30 am NP Cost: Fee B (see back cover)

#### Ages 6 - 12 months

Mondays 11 am - 12:30 pm NP Cost: Fee B (see back cover)

**CANCELED** 



#### Ones

Parent-child activities are planned for children ages 12-23 months. Discussion topics include child development, eating and sleeping routines, and parenting styles. Gradual parent/child separation will occur as the class and children's needs are met.

#### Age 1 by Sept. 1, 2020

Tuesdays 9-11 am NP
Thursdays 9-11 am NP
Cost: Fee A (see back cover)

#### **ECFE Terrific Twos**

Join us for this unique opportunity where we highlight the developmental milestones happening during this age, such as self regulation, independence, motor development, communication and language development. This class is a traditional ECFE class with parent and child time together and a gradual separation for a Parent Education component.

#### Ages 2-2.11 by Sept. 1, 2020

Tuesdays 9-11 am NP Cost: Fee B (see back cover)

#### Multi-Age

Join families with children birth to five (before kindergarten) and participate in age appropriate activities. There will be a separate parenting time to learn about child development, handling tantrums and anger, toilet learning, and other topics. Gradual parent/child separation is flexible and can occur as the child's needs are met.

#### Birth to 5 by Sept. 1, 2020

Mondays - A 6-7:30 pm NP Cost: Fee B (see back cover)

Mondays - B 6-7:30 pm NP Cost: Fee B (see back cover) **Non-separating** 

Wednesdays 9-11 am NP Cost: Fee A (see back cover)

# Older Toddlers & Young Preschoolers

Join other families with children who are two, three, and four years old. Parents will separate from their children to discuss topics such as temperament, child development, and preparing for preschool.

#### Ages 2-4 by Sept. 1, 2020

Thursdays 9-11 am NP Cost: Fee A (see back cover)

# **ECFE Classes**

# Parent-Child Playschool

#### Ages 2-3 by Sept. 1, 2020

Playschool is an opportunity for children to become more comfortable and confident in a classroom setting, learn to follow rules, routines and directions, begin to initiate social interactions, and become an integral part of a group.

In the fall, children come to school with a parent/guardian and spend time in a traditional ECFE classroom gaining these skills and separating during parent time.

Starting the week of November 2, 2020 we will implement the second day as child-only. Children may attend the second day, Wednesday, as soon as they are 2.5 years old.

Mon/Wed 9-11 am NP

Mon is a parent/child day Wed is child only starting Nov 4

#### Fee scale

Income	Class Fee		
\$0-29,999	\$400		
\$30-49,999	\$500		
\$50-69,999	\$600		
\$70-89,999	\$700		
\$90,000+	\$800		



#### **Knee-High Nature CANCELED**

In this unique parent-child program, we explore, investigate, and unearth nature's secrets that lie beyond the classroom doors. Parents will have one-on-one time with their child(ren); indoors and outside. There will also be time for parents to meet with the teacher in a different room to discuss their child's learning and development while children spend time with a Naturalist learning more about themselves, each other and the natural world.

#### Age 2.5 by Sept. 1, 2020

Mondays 9:15-11:15 am Tam
Wednesdays 9:15-11:15 am Tam
Cost: Fee C (see back cover)



#### Family Play Group CANCELED

Parents and children explore classroom games, activities, circle time and open gym together. Infant siblings younger than 6 months are welcome in class at no charge. No parent separation.

#### Ages 0-5

Fridays 9:30-11am NP Cost: Fee B (see back cover)

If you are interested in periodic drop-in for Family Play Group you must call 24-hours in advance to make a reservation.

Space is limited. Call 651-653-3100.

Drop-in is \$10 per time per family.

#### Young Explorers CANCELED

#### Ages 2.5 - 3.11 years old by September 1, 2020

There is fun and learning as your child participates in these mini sessions. Children enjoy theme based classes where we work on age appropriate developmental skills while exploring new learning experiences. Mini sessions offered Sept-May.

Sign up for one or all the sessions. Parents are invited to join their child the last 30 minutes of the last class to view their creations and receive recipes/directions for the activities we've done. Children should be mostly bathroom independent with limited accidents.

#### Session 1: "Welcome to school"

Sep 24-Oct 8 Thu 9-11 am \$45 HU

In this class children will have the opportunity to learn what it's like to be at school. Each week we will explore using different materials found in a classroom, scissors, glue bottles, paints and writing utensils. We will have fun making new friends at school, playing together and work on being independent in a classroom setting.

#### Session 2: "Fall Fun"

Oct 29-Nov 12 Thu 9-11 am \$45 HU

Join us this session for all kinds of fall fun indoors and outdoors! During this session children will explore the nature path on a fall scavenger hunt, make beautiful fall art and make a nature mobile to take home.

#### Session 3: "Hibernation Station"

Dec 3-Dec 17 Thu 9-11 am \$45 HU

Winter is coming and all the woodland creatures are getting ready for the big chill! In this class we will learn about what animals in Minnesota hibernate for winter. We will observe animals outside as the seasons change, learn about their habitats and how they hibernate during the cold winter months.

# **Preschool Classes**

# Grandparent(s) and Me Class CANCELED

Non-Separating

Birth to 5 by Sept. 1, 2020

This class provides a great opportunity for grandparents (or grand friends) to interact with their young learner and meet other grandparents in their community. "Sing songs, make crafts and enjoy activities together." Teachers will set up the classroom with intentional learning games and activities to enjoy together both inside and outside.

Fridays 9-11 am HU

Cost: \$225

#### **Grandparent Class Dates**

Sept. 25	Dec. 11, 18	Mar. 5, 19
Oct. 2,9,30	Jan. 8	Apr. 9, 23
Nov. 6, 13	Feb. 5, 19	May 7, 14, 21

#### Early Childhood & Washington County Library Story Time CANCEL

Join us for monthly story time we will sing songs, read stories, and do a small craft. These thematic classes are geared for children ages 0-5 years old. Registration is required for each session and space is limited. www. whitebear.ce.eleyo.com or call 651-653-3100

Time: 9:30 am to 10.45 am

Hugo Elementary Early Childhood

Room 1010

**FREE Event** 

\*Registration Required\*

#### Story Time Dates

Sept. 18	Dec. 4	Mar. 26
Oct. 23	Jan. 22	Apr. 30
Nov. 20	Feb. 26	May 28

# White Bear Lake Area Preschool

#### **Program**

Four star (highest possible rating)
Parent Aware rated White Bear Lake
Area Preschool provides a safe and
nurturing environment for a child's
first school experience away from
home.

Age-appropriate activities provide a variety of meaningful hands-on learning experiences in literacy and math, science and social studies, art and sensory, music and dramatic play.

White Bear Lake Area Preschool practices are aligned with kindergarten entry expectations.

We are currently accepting registrations for our preschool sections for school year 2020-2021. Please reference the class options, age requirements, and a brief descriptions for each type of preschool below.

You may check online for class availability at

www.whitebear.ce.eleyo.com



#### 3 Year Old Classes

Age 3 by Sept. 1, 2020

This preschool opportunity will allow children time to practice social skills as they begin to interact, cooperate, and develop their first friendships. Classroom activities will include a focus on turn-taking, sharing, playing games, pretend play, and small group learning.

#### 4 Year Old Classes

Age 4 by Sept. 1, 2020

Classes are focused on helping children become independent learners and giving them the skills necessary to be successful in kindergarten. Curriculum is designed to address all areas of development and reinforce mastery of skills required for kindergarten readiness.

#### **Nature Preschool**

The program at Tamarack Nature Center revolves around nature, learning from it, about it and within it. Classes also include the development of pre-reading, writing, math, science, music and art skills with daily outdoor experiences. Children are immersed in rich activities that help them make meaningful connections to their classmates, teachers and the plants and animals that share their world. A Tamarack naturalist is an integral and collaborative member of the teaching team.

#### **Tamarack Nature Center**

5287 Otter Lake Road White Bear Township

Tamarack has an outdoor Nature Play Area and Discovery Garden with daily nature exploration activities.

# Summer Classes

# Let's Get Ready for Kindergarten

#### Entering kindergarten fall of 2020

Is your child graduating from preschool and moving on to Kindergarten this fall? If so this class is a great opportunity to spend a few days preparing for September by learning the expectations in the new school environment, building relationships with new school friends, and practicing independent self help skills within a regular school day. Children will also be reviewing and working on language and literacy, thinking and math skills through guided play, group time, and social interactions. Scholarships are available to qualifying families.

\*Children will need to bring a lunch\*

\$150		8:30 - 12:30 pm	M-Th	
	Jun. 15-18	Matoska Int'l.	Jul. 13-16	Vadnais Elem.
	Jun. 22-25	Willow Elem.	Jul. 20-23	Otter Elem.
	Jun 29 - Jul2 Lincoln Elem.		Jul. 27-30	Lakeaires Elem.
Jul. 6-9 Hugo Elem.		Hugo Elem.	Aug. 3-6	Birch Elem.

Questions? Call 651-653-3100.

Register at https://whitebear.ce.eleyo.com



### Join us at Marketfest

Our school principals, district administrators and Board members look forward to having terrific conversations with community members at Marketfest this summer.

Please be sure to stop by the district's booth Thursdays from June 18th through July 30th in Downtown White Bear Lake to receive a free pencil and Bear Paw temporary tattoo.

Thursdays, June 18 - July 30, 6 - 9 pm

Downtown White Bear Lake

Cost: FREE



#### FREE CLASS

#### **Blooming Babies**

#### Ages 0-12 months

Delight and wonder at your infant's development during this parent-child class. Meet with other parents of infants and a licensed parent educator.

Tuesdays Jul 7, 14, 21 9-10 am NP



#### **ECFE Summer Fun**

#### Ages 1-5 years old

Parents and children can participate in classroom activities, games, circle time, music, water play and playground/gym time together. Join other families with young children and licensed ECFE staff.

Wednesdays July 8, 15, 22 9-10:30 am NP

#### Fee scale

Income	Class Fee		
\$0-29,999	\$15		
\$30-49,999	\$22		
\$50-69,999	\$30		
\$70-89,999	\$36		
\$90,000+	\$42		

# **Special Events**

Baby Shower CANCELED

You and your infant are invited to join us! You will meet our Early Childhood staff, receive free takeaways from our resource fair, take a tour of our facility, and enjoy some healthy snacks while meeting other new parents in the community.

Infants up to 6 months old

Tues., Oct. 13 9:30-11:30 am

Cost: Free



#### **Back to the Basics**

**NEW-FREE** 

NP

#### For Parents of kids age Birth-8yrs old

Join Katy Smith, Parent Educator, Early Childhood Advocate, and the 2011 Minnesota Teacher of the Year in a lively conversation about childhood and what kids need from it. Katy is passionate about creating champions for childhood in the adults who care about kids whether they are parents, providers, teachers or community members. Important life skills are wired in those first years of life. Today's culture of childhood has taken a sharp turn from teaching kids those life skills. Katy is a storyteller and a community educator who will inspire us to reclaim those skills on behalf of children. You will leave armed with plenty of food for thought, and new skills. This will be a fun, entertaining evening of hopeful conversation.

Thurs. Nov. 5th
FREE
Hugo Elementary
6:15-7:45 pm
Sibling Care Available



\$5 per child with a \$10 max per family

Register in advance at whitebear.ce.eleyo.com

# Field Trip

#### **Fall Farm Fun at Pinehaven**

Join us for a bus trip to the farm. We will take a trolley ride out to the Pumpkin fields and pick a pumpkin to bring home. Next, we will visit the animals on the farm. Children will get to pet a variety of sheep, goats, donkeys, cows, mini horses and even see the emu and peacocks. Afterwards families can explore the play sets, corn pits, and giant slide. Check in starts at Normandy Park Early Childhood Center at 8:45 a.m. Bus leaves at 9:00 a.m. and returns to Normandy Park at 12:30 p.m.. Bring a snack. This is a caregiver and child field trip. Fee is \$8.50 for everyone ages 1 and up. Registration is limited, event is rain or shine.

Mon., Oct. 12th 9 am to 12:30 pm

Normandy Park

Cost: \$8.50 per person ages 1 and up



# Sign Up for Classes All Year!

After the initial sign up, registrations are welcome at anytime.

Fees will be adjusted based on the date your family starts class.

Call 651-653-3100 for class availability or view openings at

www.whitebear.ce.eleyo.com

# Parent Teacher Association (PTA)

# WE NEED YOU!!!

#### What is the Parent Teacher Association (PTA)?

Every Early Childhood program is required to have an advisory council that assists in the developing, planning, and monitoring of the ECFE program. The PTA consists of parents participating in the program, local community professionals, and agency representatives who can offer input and guidance on community needs.

- How Often are PTA meetings?
  - \*Once a month on a Thursday evening from 6 7:30 pm at Normandy Park Education Center
- Is there childcare offered during meeting times?
  - \*Yes, if you call 24 hours in advance early childhood staff are available to play with your children in our classrooms, gyms or outside.
- If I volunteer, do I need to attend every meeting or special event?
  - \*NO! We need people who can do a variety of things: volunteer for part of a special event, prep event items at home, assist with gather ing donations, put together materials/activities for events at home, assist with ideas /planning of PTA sponsored events, and give input on programming to leadership.
- What are the advantages of participating in PTA?
  - \*Build your network of parents with similar aged children
  - \*Give back to your community with your talents and time
  - \*Program input based on the needs of the community
- Are there incentives for families to join PTA?
  - \*YES!!
  - \*If a parent/caregiver attends 2 PTA meetings a year and volunteers to help at 1 PTA sponsored event they will receive one of the following:
    - a. FREE registration for the following school year's preschool program
    - b. \$50 off your ECFE tuition for current school year
    - c. FREE year pass to Parent-Child Gym Time Wednesday nights

If you are interested in joining the PTA, please email us at wblearlychildhoodpta@gmail.com









White Bear Lake Area Schools Early Childhood Program Normandy Park Education Center 2482 County Road F East White Bear Lake, MN 55110 Non-Profit
Organization
US Postage
PAID
Twin Cities, MN
Permit No. 183

# White Bear Lake Area Schools

The community at the forefront of educational excellence, honoring our legacy and courageously building the future.

# Support Hub

Providing families with resources to address barriers & enhance well-being.

The Support Hub serves as a place for families and community members to access information they may need for essential services. This support provides important information regarding crisis services, basic needs, mental health and well-being, physical health, social emotional learning and more.

https://www.isd624.org/departments/student-support-services/support-hub

Sliding Fee Scale for ECFE Classes and					
Sibling Care (Full Year)					
Gross Annual Household Income	Fee A 2 hr/wk class	Fee B 1.5-1.75 hr/ wk class	Fee C Tamarack	Fee D 2 hr sibling care	Fee E 1.5 hr sibling care
\$100,000+	\$500	\$380	\$700	\$290	\$180
\$75,000-99,999	\$425	\$320	\$575	\$180	\$130
\$50,000-74,999	\$315	\$230	\$450	\$130	\$90
\$35,000-49,999	\$230	\$175	\$325	\$90	\$60
\$20,000-34,999	\$175	\$130	\$225	\$60	\$45
\$0-19,999	\$90	\$70	\$110	\$45	\$25

Please note the appropriate combined family income.

This is your class fee for the school year.

#### Registration

Online www.whitebear.ce.eleyo.com

#### In Person

Normandy Park Education Center 2482 County Road F East White Bear Lake, MN 55110

#### **Cancellations**

We reserve the right to cancel classes due to insufficient enrollment. Fees paid will be refunded. Refunds will not be issued for classes missed or after a class has started.

#### **Determine Payment Due**

Use the class fee schedule on page 5 to determine fee for the first child attending the class. Add half of the fee for each additional child from the same family attending the same class. Include any sibling care with the fee.

#### **Payments**

Payment is due at the time of registration. No family will be denied participation in classes due to inability to pay fees. To arrange payment plan call 651-653-3100.

#### **Refund Policy**

Refunds will be issued when requested at least five working days prior to the class starting date. A \$10 service charge will be deducted from each refund processed.

#### **Immunization Records**

Immunization records MUST accompany the registration if your child is participating in a parent-child class or sibling care. Class registrations will not be processed without an up-to-date immunization record each school year. Immunization records can be faxed directly from your clinic to 651-653-3155.